

**How to obtain naloxone for your practice, plus guidance and educational materials for your patients.**

**For providers:**

**Maine Naloxone Distribution Initiative (MNDI):** a network of community distributors across Maine that provide naloxone for free, alongside overdose prevention education and naloxone training. These four “Tier 1” distributors play a critical role in distributing naloxone to people who use drugs, their loved ones, communities, and organizations. To contact a Tier 1 distributor, see below or visit [GetMaineNaloxone.Org](http://GetMaineNaloxone.Org).

- 📍 **Bangor Public Health & Community Services** (Penobscot, Piscataquis, Aroostook, Hancock, Washington): Call/text 207-992-4461 or email [denise.smith@bangormaine.gov](mailto:denise.smith@bangormaine.gov)
- 📍 **Maine Access Points** (Statewide): Call/text 207-370-9445 or email [info@maineaccesspoints.org](mailto:info@maineaccesspoints.org)
- 📍 **MaineGeneral Harm Reduction** (Oxford, Franklin, Somerset, Androscoggin, Sagadahoc, Kennebec, Waldo, Lincoln, Knox): Call 207-872-4102 (M-F, 8:00am-4:30pm ET)
- 📍 **Portland Public Health** (Cumberland and York): Call 207-756-8022 or email [kbarton@portlandmaine.gov](mailto:kbarton@portlandmaine.gov)

**Where else can patients obtain naloxone in Maine?**

- 1. Pharmacies (no prescription):** In Maine, you do not need a prescription to buy nasal spray naloxone—anyone can ask the pharmacist. A kit can cost up to \$150 without insurance.
- 2. Prescriptions:** When prescribing an opioid, also prescribe naloxone. Accidental overdose can happen to anyone taking drugs, whether occasionally, regularly, or for the first time. Note that naloxone is free for MaineCare patients with a prescription.
- 3. OPTIONS Liaisons:** Through the State of Maine’s OPTIONS initiative, each county has a Liaison who can connect people to resources and provide naloxone. Learn more: [KnowYourOptions.ME](http://KnowYourOptions.ME).
- 4. “Tier 2” naloxone distributors:** Organizations across the state are sanctioned to distribute naloxone to community members. Many are local syringe service programs.



**Looking for patient materials?**

Download and/or print the “Naloxone saves lives. Have it on hand.” information sheet from the State of Maine’s OPTIONS initiative to share. Find this and more materials in the OPTIONS Partner Toolkit at [KnowYourOptions.ME](http://KnowYourOptions.ME).

