

SAVE LIVES

Wherever you are with substance use, support is available free of charge from your local OPTIONS Liaison.

KnowYourOptions.ME



When you are using substances, let someone know, or use with people you can count on in case of an accidental overdose.

If you are alone, use the MA Overdose Prevention Helpline (also serves Maine) at (800) 972-0590.



massoverdosehelpline.org